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INSTITUTES
2018

July and
August



Mental Health and
Well-being

Technology

Kindergarten

ONE AND TWO-DAY
WORKSHOPS LED
BY OECTA MEMBERS.

ONTARIO ENGLISH

Catholic
Teachers

ASSOCIATION

catholicteachers.ca

REGISTRATION

The Summer Institutes are one and two-day workshops in Kindergarten, Technology, and Mental Health and Well-being, offered to teachers in Ontario's elementary and secondary schools.

The Institutes are offered by OECTA's Professional Development department, and are funded by the Ontario Ministry of Education. Upon completion, participants will receive an OECTA PD Certificate for their professional teaching portfolio.

WHERE:

Institutes will be offered in Barrie, Burlington, Guelph, Hamilton, London, Markham, Mississauga, Ottawa, Sudbury, Thunder Bay, Toronto, and Windsor. Institutes may be offered in other areas if there are 15 or more teachers interested.

WHEN:

July and August

Dates and locations vary by session so see the full course listing.

REGISTRATION:

Visit catholicteachers.ca in the For Your Career section for the link to register. Registration is online only and on a first-come, first-served basis. Successful registrants will receive a confirmation email shortly after registering. Courses with insufficient registrants may not run.

Participants will be notified by email one week prior to the session start date with course information or if a course is cancelled.

Lunch will be provided.

A subsidy of up to \$200 is available to participants to cover expenses.

CONTACT:

r.watson@catholicteachers.ca

or call Riley Watson at 1-800-268-7230 Ext. 476

Registration for the Summer Institutes
is online *only* at
catholicteachers.ca

OVERVIEW

KINDERGARTEN

CODE	NAME OF INSTITUTE	GRADE LEVEL	PAGE
K1	Competent, Capable, and Curious - An Institute for Kindergarten Teachers - Burlington	Kindergarten	3
K2	Competent, Capable, and Curious - An Institute for Kindergarten Teachers - Thunder Bay	Kindergarten	3
K3	Competent, Capable, and Curious - An Institute for Kindergarten Teachers - ONLINE	Kindergarten	3
K4	Competent, Capable, and Curious - An Institute for Kindergarten Teachers - ONLINE	Kindergarten	3
K5	Competent, Capable, and Curious - An Institute for Kindergarten Teachers - London	Kindergarten	3
K6	Competent, Capable, and Curious - An Institute for Kindergarten Teachers - Windsor	Kindergarten	3
K7	Competent, Capable, and Curious - An Institute for Kindergarten Teachers - Barrie	Kindergarten	3
K8	Competent, Capable, and Curious - An Institute for Kindergarten Teachers - Hamilton	Kindergarten	3
K9	Competent, Capable, and Curious - An Institute for Kindergarten Teachers - Ottawa	Kindergarten	3
K10	Competent, Capable, and Curious - An Institute for Kindergarten Teachers - Toronto	Kindergarten	3
K11	Competent, Capable, and Curious - An Institute for Kindergarten Teachers - ONLINE	Kindergarten	3

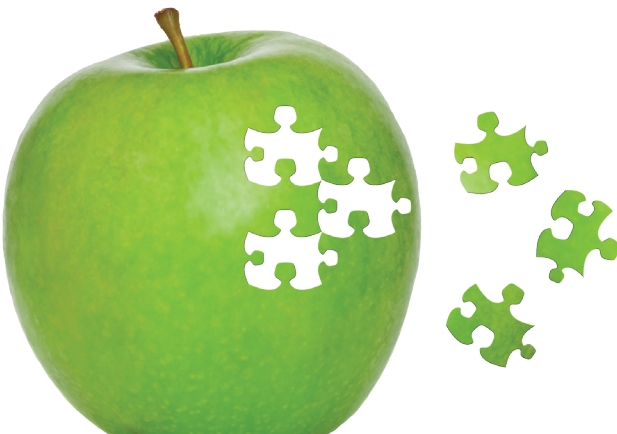
K12	Competent, Capable, and Curious - An Institute for Kindergarten Teachers - Mississauga	Kindergarten	3
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TECHNOLOGY

CODE	NAME OF INSTITUTE	GRADE LEVEL	PAGE
T1	Moments of Learning Captured!	K to 4	4
T2	Google Apps for Education in the K-8 Classroom	K to 8	4
T3	Shoot for the Edit: Video Production for the Teacher and Student Beginner!	7 to 12	4

MENTAL HEALTH AND WELL-BEING

CODE	NAME OF INSTITUTE	GRADE LEVEL	PAGE
W1	Mindfulness in the Classroom	K to 4	4
W2	Well-being for Teachers and Students	K to 8	4
W3	You've Got to Move it Move it!	4 to 8	4
W4	CALM: Creative Approaches to Learning Mindfulness	K to 8	4
W5	Mindfulness for the Modern Mind	All Grades	5



DESCRIPTIONS

KINDERGARTEN

COMPETENT, CAPABLE, AND CURIOUS

This workshop will build from the understanding that both you, as the teacher, and the students in the Kindergarten Program are competent, capable, and a gift from God. At the conclusion of the session, you will leave with extended knowledge of the program and its application when considering:

- Why this learning, for this child, at this time, in this context?
- Stages of Documentation: Learning to Document with purpose
- Noticing and Naming the Learning
- Developmental Stages and Learning Trajectories
- Benefits of Building a functional team...

This institute is a pathway to effectively communicating learning to parents.

K1	Kindergarten	DATES July 11, 12	LOCATION Burlington
K2	Kindergarten	DATES August 23, 24	LOCATION Thunder Bay
K3	Kindergarten	DATES July 24, 25	LOCATION Online
K4	Kindergarten	DATES July 24, 25	LOCATION Online
K5	Kindergarten	DATES July 10, 11	LOCATION London
K6	Kindergarten	DATES July 5, 6	LOCATION Windsor
K7	Kindergarten	DATES August 21, 22	LOCATION Barrie
K8	Kindergarten	DATES August 21, 22	LOCATION Hamilton
K9	Kindergarten	DATES August 21, 22	LOCATION Ottawa
K10	Kindergarten	DATES August 16, 17	LOCATION Toronto
K11	Kindergarten	DATES August 21, 22	LOCATION Online
K12	Kindergarten	DATES August 22, 23	LOCATION Mississauga

TECHNOLOGY

T1 MOMENTS OF LEARNING CAPTURED!

The elusive “A-HA!” moment can happen at any time, and nothing brings more joy to teaching than when you witness one of your students gasp and say, “I GET IT!!!” Now with the use of some simple tools, you can be in more than one place at a time and at so many different times. Technology used in the right way, enables teachers to witness those precious learning moments and use them to grow the learning. Join us as we look to catch your very own “A-HA!” moment!

K to 8

DATES

July 9, 10

LOCATION

Toronto

T2 GOOGLE APPS FOR EDUCATION IN THE K-8 CLASSROOM – ONLINE

Want to help your students develop their learning skills? Just Google it! This online workshop is an introduction to the creative and effective use of the Google Apps for Education tools. Participants will explore how the Google Apps for Education (GAPE) can aid students in developing skills in communication, collaboration, creativity, and critical thinking. This workshop is ideal for K-8 educators whose students have access to the GAPE tools.

K to 8

DATES

July 11

LOCATION

Online

T3 SHOOT FOR THE EDIT: VIDEO PRODUCTION FOR THE TEACHER AND STUDENT BEGINNER!

In this hands on workshop, teachers will learn the principles of effective video production, while scripting, shooting, and editing a scene. All that's required is a commitment to collaboration, the sharing of creative ideas and an adventurous attitude. All equipment will be provided. The working goal for the presentation is to engage educators with the critical understanding that video production not only serves global competencies such as creativity and innovation, but also provides students with authentic opportunities to be effective communicators; sharing and shaping their voice through visual and sound. This workshop promises to provide participants with transferable production skills, regardless of the access to equipment at their school or board.

7 to 12

DATES

August 20, 21

LOCATION

Toronto

MENTAL HEALTH AND WELL-BEING

W1 MINDFULNESS IN THE CLASSROOM

Our classrooms are spaces that nurture minds and hearts. This interactive workshop will explore a variety of strategies that help cultivate kindness, empathy, and acceptance of oneself and others. Participants will experience breathing exercises, participate in brain break activities, and learn ways to calm our minds. We will explore how to cultivate a social emotional learning environment that will instill the foundation for self-regulation skills, mindfulness, and meditation. Together, we will learn how mindfulness can guide children in the cultivation of presence; presence of body; presence of mind; presence of heart; and the presence of God in our lives.

K to 4

DATES

July 12

LOCATION

Ottawa

W2 WELL-BEING FOR TEACHERS AND STUDENTS

It is important for teachers to take care of themselves. This workshop will provide teachers with opportunities to take care of their mental, emotional, and physical health through specific movements, breathing, visualization, and mindfulness activities. By including Mindful Breaks throughout the day and applying the techniques shared, teachers can release stress, clear the mind, and bring themselves in a positive and enthusiastic state for teaching. Participants will learn how to incorporate health breaks in their classroom that will help students with anxiety, self-regulation, mental fog, social interaction, bullying, strong emotions and focus for learning and achieving overall better results in school.

K to 8

DATES

August 20,21

LOCATION

Mississauga

W3 YOU'VE GOT TO MOVE IT MOVE IT!

Physical movement in the classroom helps students to stay focused, and it's fun. This workshop will show you how using online tools like GoNoodle and ClassDojo, getting up for some structured stretches, beginning the day with Circle, teaching using Lego Serious Play for the Classroom, and using the MindUP Curriculum will help students understand why movement is so important for the brain. Join us as we try out and talk about how these tools can be used in your classroom. Move It!

4 to 8

DATES

August 22

LOCATION

Windsor

W4 CALM: CREATIVE APPROACHES TO LEARNING MINDFULNESS

Imagine a calm classroom where children can self-regulate and are physically, mentally, and emotionally ready for learning every single day. Think this doesn't exist? It does and it can be achieved easily with a focus on daily mindfulness practices. When we teach children to connect with their mind, body, and breath, we help them learn about themselves and foster individual self-regulation skills.

In this workshop you will learn the science behind mindfulness, the need for self-regulation skills, and over 25 easy practices that you can take with you and start immediately in the fall with your students. Not only will your students feel the impacts of this, you will too. Get set for a whole new much less stressful year!

K to 8

DATES

August 24

LOCATION

Sudbury

W5

MINDFULNESS FOR THE MODERN MIND

There is no better time than summertime to transform into a more mindful modern mind. Discover why slowing down, staying present, and taking charge of your attention leads to a happier, less stressed, and healthier mind and body. Discover new-found techniques and sample best practices to help build a stronger sense of self for both you and your students.

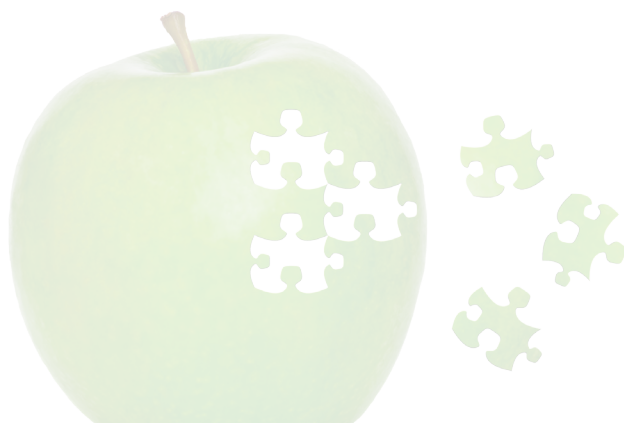
All grades

DATES

August 28

LOCATION

Guelph



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