



## OECTA RESOURCES

To support you in your teaching practice, the Association has created the Learning from Diverse Voices video series, which captures the reflections and expertise of Catholic teachers from Indigenous and equity-deserving groups.

Watch the following videos to learn more about First Nations, Métis, and Inuit Peoples:

- ✦ [Teaching First Nations, Métis, and Inuit Students](#)
- ✦ [What You Need to Know About Indigenous Education](#)
- ✦ [Member Spotlight: Sharon](#)
- ✦ [Member Spotlight: Tesa](#)

To watch more of the Learning from Diverse Voices videos, click [HERE](#). You can also review [OECTA's Safer Spaces Series](#) for culturally sensitive, trauma-informed practices.

## EXTERNAL RESOURCES

*NOTE: Teachers should exercise professional judgement prior to using any resource in the classroom and seek input and approval from program staff and administrators with responsibilities in Indigenous education at their local school board.*

### [First Nations, Métis & Inuit Education Association of Ontario](#)

The First Nations, Métis & Inuit Education Association of Ontario (FNMIEAO) is a subject association that supports educators in understanding issues related to First Nation, Métis and Inuit Peoples in Canada as well as offer strategies for teaching this content to all learners. Their website has many free resources. Check with board personnel responsible for Indigenous Education to see if you have access to additional resources under their 'members only' section.

### [Learning Resources About First Nations, Inuit and Métis across Canada](#)

This page includes a search filter to find the resources suited to your needs.

### [Indigenous Student Mental Health](#)

Consideration should be given to trauma-informed teaching. This resource from School Mental Health Ontario helps teachers engage in activities and learning materials in a mentally healthy way.



## [SMH-ON • School Mental Health Promotion Calendar • Grades 7-12](#)

This at-a-glance resource designed for grades 7-12 highlights days of significance with connections to mental health, as well as themes that may be important in school communities. Check out June and make plans for next school year!

## [TVO's National Indigenous History Month Resources](#)

Includes videos which amplify Indigenous voices. Take some time to explore the following curated collection of programming and educational resources that build understanding about First Nations, Métis, and Inuit communities.

## [The National Film Board of Canada](#)

You can also check out the 'Indigenous Studies' section of [The National Film Board](#) for classroom-ready resources in areas related to arts, history, politics, identity, society, issues, and contemporary challenges. For example, students aged 9-11 can check out the film **The Mountain of SGaana** by Haida filmmaker Christ Auchter to start exploring Indigenous storytelling and language arts. [Quick Start Guide - The Mountain of SGaana](#). Videos range from two minutes to an hour.

Additionally, teachers are warmly invited to join one in a series of online professional learning sessions this summer exploring [Indigenous Voices](#), a new National Film Board of Canada learning resource created in collaboration with Indigenous educators across the country. Led by Indigenous education consultants Bobbie-Jo Leclair and Joël Tetrault, these interactive sessions will engage participants with Indigenous-made films, inquiry-based learning pathways, and conversations around land, justice, governance, healing, and Reconciliation. Sessions will be held online on **June 18** (English, Indigenous Leads and educators), **June 19** (French, Indigenous Leads and educators), **August 24** (French, all educators welcome), and **August 25** (English, all educators welcome). Please register here: [Indigenous Voices: Professional Development Sessions - Fill out form](#).