

CATHOLIC TEACHERS' **SAFER SPACES SERIES**

# Reflection Tool Moral Elements Of Care and Allyship



Consider the definitions of ally(ship), accomplice, and co-conspirator. How are you demonstrating these in your care of members, colleagues, and/or students?

<b>Ally[ship]</b> <b>The Thinking &amp; Learning Phase</b>	<b>Accomplice</b> <b>The Reactive Phase</b>	<b>Co-Conspirator</b> <b>The Proactive Phase</b>
<ul style="list-style-type: none"> <li>• Supports equal justice in theory — often with thoughts, prayers, and sometimes with words in small group settings.</li> <li>• Reads books to broaden understanding.</li> <li>• Might post on social media.</li> </ul>	<ul style="list-style-type: none"> <li>• Actively works to dismantle systems of oppression.</li> <li>• Passed through the initial phase of allyship and has done the requisite work of learning and understanding their roles in upholding unjust structures.</li> <li>• Uses what they have learned, and whatever access they have to help course correct systemic bias.</li> </ul>	<ul style="list-style-type: none"> <li>• Works alongside the communities they support.</li> <li>• Have, seek, and create meaningful relationships with the people they actively support.</li> <li>• Shows up with (not just <i>for</i>) indigineous and equity-deserving individuals and <i>listens</i>.</li> <li>• Respects the work already being done by leaders in justice spaces and offers meaningful support.</li> </ul>

## » Additional Resources

See other resources in the Catholic Teachers' Safer Spaces Series, including:

- [Allyship & Beyond](#)
- [Reflection Tool - Checklist for Safer Spaces](#)
- [Reflection Tool - Identity and Allyship](#)
- [Understanding Trauma](#)

See other resources in the Catholic Teachers' Mental Health and Wellness Series, including:

- [Understanding Stress](#)
- [Understanding Mental Illness](#)
- [Strategies to Promote Mental Health and Wellness](#)



## Reflection Moment

In my use of care, am I an ally, accomplice, or co-conspirator?

Moral element of care.	Considering the moral element of care, circle whether you are an ally, accomplice, or a co-conspirator.			Reflections: how do you show allyship, the act of being an accomplice, or being a co-conspirator in your care of others?
<b>Attentiveness</b> ( <i>caring about</i> ): noticing unmet needs, suspending one's own judgements, and being able to see the world from the perspective of the one in need.	Ally The thinking and learning phase	Accomplice The Reactive Phase	Co-conspirator The Proactive Phase	
<b>Responsibility</b> ( <i>caring for</i> ): taking on the burden of responding to this need.	Ally The thinking and learning phase	Accomplice The Reactive Phase	Co-conspirator The Proactive Phase	
<b>Competence</b> ( <i>care giving</i> ): being competent to care, which is always both a technical and a moral and political issue.	Ally The thinking and learning phase	Accomplice The Reactive Phase	Co-conspirator The Proactive Phase	
<b>Responsiveness</b> ( <i>care receiving</i> ): listening to the response of the person/group that was cared for, sometimes resulting in new unmet needs.	Ally The thinking and learning phase	Accomplice The Reactive Phase	Co-conspirator The Proactive Phase	
<b>Solidarity</b> ( <i>caring with</i> ): taking collective responsibility, to think of citizens as both receivers and givers of care, and to think seriously about the nature of caring needs in society.	Ally The thinking and learning phase	Accomplice The Reactive Phase	Co-conspirator The Proactive Phase	